Fairfax Food Service

August 2024

T. McLean - LK Lunch Menu

Monday, July 29, 2024	Tuesday, July 30, 2024	Wednesday, July 31, 2024	Thursday, August 1, 2024	Friday, August 2, 2024
			WG Buttermilk Pancake, 1ea w/	Meatless Baked Ziti, 1/2c
			Chicken Sausage, 1ea	**WG Pasta, Marinara, 3 Cheese, Soy, 1/20
			Syrup	Peas/Carrots/Green Beans/Corn/Lima Bean,
			Fresh Baby Carrots, 1/4c	Wheat Dinner Roll, 1ea
			Ranch	Pears in Juice, 3/8c
			Cantaloupe, 1sl	
			TODS & TWOS	TODS & TWOS
				TODS & TWOS
			Carrot Coins, 1/4c Diced Cantaloupe, 3/8c	Peas, Carrots, Green Beans, 1/4c
VEG: Vegetarian Nacho Fiesta, 1/4c			VEG: Morningstar Veggie Sausage, 1ea	VEG: Meatless Baked Ziti, 1/2c
Monday, August 5, 2024	Tuesday, August 6, 2024	Wednesday, August 7, 2024	Thursday, August 8, 2024	Friday, August 9, 2024
Swedish Beef Meatballs, 3ea	Pizza Pasta Bake, 1/2c	NAE WG Chicken Nuggets, 3ea	Cheeseburger Meatloaf, 1ea	Pizza Day!
Plain WG Brown Rice w/Cauliflower, 1/3c	**WG Pasta/Marinara/Beef Crumbles	Macaroni & Cheese, 1/2c	Wheat Dinner Roll, 1ea	Cheese Pizza, 1sl
Fresh Baby Carrots, 1/4c	Chicken & Beef Pepperoni/Tomato Sauce**	Ketchup	Caesar Salad, 1/2c	Sweet Yellow Corn, 1/4c
Ranch	Shredded Mozzarella Cheese, 1/2oz	Sweet Tender Peas, 1/4c	Caesar Dressing	Peaches in Juice, 3/8c
Pineapple Tidbits, 3/8c	100% Whole Wheat Bread, 1/2sl	Honeydew, 1sl	Parmesan Cheese	
	Steamed Green Beans, 1/4c		Gala Apple, 3/8c	
	Banana, 1/2ea			
TODS & TWOS		TODS & TWOS	TODS & TWOS	TODS & TWOS
Sweet Tender Peas, 1/4c		Diced Honeydew, 3/8c	Applesauce, 3/8c	Carrot Coins, 1/4c
Peaches in Juice, 3/8c			Steamed Green Beans, 1/4c	
VEG: Vegan Meatballs in Vegan Gravy, 2ea	VEG: Vegetarian Pizza Pasta Bake, 1/2c	VEG: Macaroni & Cheese, 1/2c	VEG: Black Beans, 1/2c &	VEG: Cheese Pizza, 1sl
Monday, August 12, 2024	Tuesday, August 13, 2024	Morningstar Veggie Nuggets, 3ea Wednesday, August 14, 2024	WG Brown Rice w/Cauliflower, 1/3c Thursday, August 15, 2024	Friday, August 16, 2024
NAE WG Chicken Nuggets, 5ea	Salisbury Steak & Gravy, 1ea	NAE GF Chicken Tender, 3ea	WG Spaghetti w/ Beef & Lentil Marinara, 1/2c	Boneless Chicken Wing Dings, 3ea
Ruffles Chips, 1/4c	Savory Mashed Potatoes, 1/4c	Ketchup	Shredded Mozzarella, 1/2oz	Ketchup
Ketchup	Wheat Dinner Roll, 1ea	Plain WG Brown Rice w/Cauliflower, 1/3c	100% Whole Wheat Bread, 1/2sl	Wheat Dinner Roll, 1ea
Steamed Green Beans, 1/4c	Red Delicious Apple, 3/8c	Fresh Baby Carrots, 1/4c	Baby Spinach, 1/2c	Peas/Carrots/Green Beans/Corn/Lima Bean,
Mixed Peaches & Pears in Juice, 3/8c		Ranch	Ranch	Orange Wedges, 4ea
		Cantaloupe, 1sl	Banana, 1/2ea	.
TODS & TWOS	TODS & TWOS	TODS & TWOS	TODS & TWOS	TODS & TWOS
Goldfish, 1/4c		Carrot Coins, 1/4c	Sweet Tender Peas, 1/4c	Peas, Carrots, Green Beans, 1/4c
	Applesauce, 3/8c		Sweet Tender Peas, 1/4c	
		Diced Cantaloupe, 3/8c		Mandarin Oranges, 3/8c
VEG: Veg Slider on Bun,1ea w/ Shred Cheese, 1/2oz	VEG: Veg Black Bean Chili, 1/2c	VEG: Refried Beans, 1/2c w/ Shred Cheese, 1/2oz on side	VEG: WG Spaghetti Marinara, 1/2c w/ Shred Mozzarella, 1/2oz	VEG: Morningstar Veggie Nuggets, 5ea
	Turandary August 20, 2024		Thursday, August 22, 2024	Friday, August 23, 2024
Monday, August 19, 2024	Tuesday, August 20, 2024			
Monday, August 19, 2024 Oven Baked Chicken Patty, 1ea	Tuesday, August 20, 2024 NAE WG Chicken Nuggets, 3ea	Wednesday, August 21, 2024 Beef Nacho Fiesta, 1/4c		
Oven Baked Chicken Patty, 1ea	NAE WG Chicken Nuggets, 3ea	Beef Nacho Fiesta, 1/4c	Italian Beef Meatball Sub, 1/2ea	Corn Dog Nuggets, 5ea
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea**	Corn Dog Nuggets, 5ea Ketchup
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp)	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens,1/2c
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea**	Corn Dog Nuggets, 5ea Ketchup
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp)	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens,1/2c
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad w/Mixed Greens, 1/2c	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens,1/2c Ranch
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Banana, 1/2ea	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Com Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens,1/2c Ranch Watermelon, 1sl
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens,1/2c Ranch
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Banana, 1/2ea	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Com Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens,1/2c Ranch Watermelon, 1sl
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Banana, 1/2ea <u>TODS & TWOS</u>	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Com Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c <u>TODS & TWOS</u>	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c TODS & TWOS	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Watermelon, 1sl <u>TODS & TWOS</u>
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c Applesauce, 3/8c	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Banana, 1/2ea <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c VEG: Macaroni & Cheese, 1/2c	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c <u>TODS & TWOS</u> Wheat Dinner Roll, 1ea	Italian Beef Meatball Sub, 1/2ea **'Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c <u>TODS & TWOS</u> Applesauce, 3/8c VEG: Italian Veggie Meatballs, 2ea	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens,1/2c Ranch Watermelon, 1sl <u>TODS & TWOS</u> Carrot Coins, 1/4c
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c Applesauce, 3/8c VEG: Veg Slider on Bun, 1ea w/ Shred Cheese, 1/2oz	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Banana, 1/2ea <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c VEG: Macaroni & Cheese, 1/2c Morningstar Veggie Nuggets, 3ea	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Com Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c <u>TODS & TWOS</u> Wheat Dinner Roll, 1ea Carrot Coins, 1/4c VEG: Vegetarian Nacho Fiesta, 1/4c	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c Image: The state of the stat	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Watermelon, 1sl <u>TODS & TWOS</u> Carrot Coins, 1/4c Diced Watermelon, 3/8c VEG: Morningstar Veggie Nuggets, 5ea
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c Applesauce, 3/8c VEG: Veg Silder on Bun, 1ea w/ Shred Cheese, 1/2oz	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad wMixed Greens, 1/2c Ranch Banana, 1/2ea <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c VEG: Macaroni & Cheese, 1/2c Morningstar Veggie Nuggets, 3ea <u>Tuesday, August 27, 2024</u>	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c <u>TODS & TWOS</u> Wheat Dinner Roll, 1ea Carrot Coins, 1/4c VEG: Vegetarian Nacho Fiesta, 1/4c <u>Wednesday, August 28, 2024</u>	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c IODS & TWOS Applesauce, 3/8c VEG: Italian Veggie Meatballs, 2ea Sub, 1/2ea Thursday, August 29, 2024	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens,1/2c Ranch Watermelon, 1sl <u>TODS & TWOS</u> Carrot Coins, 1/4c Diced Watermelon, 3/8c VEG: Morningstar Veggie Nuggets, 5ea
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Kethup Sweet Tender Peas, 1/4c Applesauce, 3/8c VEG: Veg Slider on Bun, 1ea w/ Shred Cheese, 1/2oz Monday, August 26, 2024 Teriyaki Diced Chicken, 1/3c	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Banana, 1/2ea <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c VEG: Macaroni & Cheese, 1/2c Morningstar Veggie Nuggets, 3ea <u>Tuesday, August 27, 2024</u> Lean Beef Hamburger on Bun, 1ea	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Com Tortilla Chips, 1/4c Sweet Yellow Com, 1/4c Pears in Juice, 3/8c <u>TODS & TWOS</u> Wheat Dinner Roll, 1ea Carrot Coins, 1/4c VEG: Vegetarian Nacho Fiesta, 1/4c <u>Wednesdav, August 28, 2024</u> <u>Pizza Day!</u>	Italian Beef Meatball Sub, 1/2ea **'Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c IODS & TWOS Applesauce, 3/8c VEG: Italian Veggie Meatballs, 2ea Sub, 1/2ea Thursdav, August 29, 2024 WG Buttermilk Pancake, 1ea w/	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens,1/2c Ranch Watermelon, 1sl <u>TODS & TWOS</u> Carrot Coins, 1/4c Diced Watermelon, 3/8c VEG: Morningstar Veggle Nuggets, 5ea <u>Fridav, August 30. 2024</u> Meatless Baked Ziti, 1/2c
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c Applesauce, 3/8c VEG: Veg Slider on Bun, 1ea w/ Shred Cheese, 1/2oz Monday, August 26. 2024 Teriyaki Diced Chicken, 1/3c	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Banana, 1/2ea <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c VEG: Macaroni & Cheese, 1/2c Morningstar Veggie Nuggets, 3ea <u>Tuesday, August 27, 2024</u> Lean Beef Hamburger on Bun, 1ea WG White Wheat Hamburger Bun, 1ea	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c <u>TODS & TWOS</u> Wheat Dinner Roll, 1ea Carrot Coins, 1/4c VEG: Vegetarian Nacho Fiesta, 1/4c <u>Wednesday, August 28, 2024</u> Pizza Day! Cheese Pizza, 1sl	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c <u>TODS & TWOS</u> Applesauce, 3/8c VEG: Italian Veggie Meatballs, 2ea Sub, 1/2ea <u>Thursday, August 29, 2024</u> WG Butternilk Pancake, 1ea w/ Chicken Sausage, 1ea	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens,1/2c Ranch Watermelon, 1sl <u>TODS & TWOS</u> Carrot Coins, 1/4c Diced Watermelon, 3/8c VEG: Morningstar Veggie Nuggets, 5ea <u>Friday. August 30, 2024</u> Meatless Baked Ziti, 1/2c **WG Pasta, Marinara, 3 Cheese, Soy, 1/2c
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c Applesauce, 3/8c VEG: Veg Slider on Bun, 1ea w/ Shred Cheese, 1/2oz Mondav. August 26. 2024 Teriyaki Diced Chicken, 1/3c Plain WG Brown Rice w(Cauliflower, 1/3c Fresh Baby Carrots, 1/4c	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Banana, 1/2ea <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c VEG: Macaroni & Cheese, 1/2c Morningstar Veggie Nuggets, 3ea <u>Tuesdav, August 27. 2024</u> Lean Beef Hamburger Jun, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c <u>TODS & TWOS</u> Wheat Dinner Roll, 1ea Carrot Coins, 1/4c VEG: Vegetarian Nacho Fiesta, 1/4c <u>Wednesday, August 28, 2024</u> <u>Pizza Day!</u> <u>Cheese Pizza, 1s1</u> Steamed Green Beans, 1/4c	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c <u>TODS & TWOS</u> Applesauce, 3/8c VEG: Italian Veggie Meatballs, 2ea Sub, 1/2ea <u>Thursday, August 29, 2024</u> WG Buttermilk Pancake, 1ea w/ Chicken Sausage, 1ea Syrup	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens,1/2c Ranch Watermelon, 1sl <u>TODS & TWOS</u> Carrot Coins, 1/4c Diced Watermelon, 3/8c VEG: Morningstar Veggie Nuggets, 5ea Friday. August 30. 2024 Meatless Baked Ziti, 1/2c **WG Pasta, Marinara, 3 Cheese, Soy, 1/2c
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c Applesauce, 3/8c VEG: Veg Slider on Bun, 1ea w/ Shred Cheese, 1/2oz Monday. August 26. 2024 Teriyaki Diced Chicken, 1/3c	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Banana, 1/2ea <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c VEG: Macaroni & Cheese, 1/2c Morningstar Veggie Nuggets, 3ea <u>Tuesday, August 27, 2024</u> Lean Beef Hamburger on Bun, 1ea WG White Wheat Hamburger Bun, 1ea	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c <u>TODS & TWOS</u> Wheat Dinner Roll, 1ea Carrot Coins, 1/4c VEG: Vegetarian Nacho Fiesta, 1/4c <u>Wednesday, August 28, 2024</u> Pizza Day! Cheese Pizza, 1sl	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c <u>TODS & TWOS</u> Applesauce, 3/8c VEG: Italian Veggie Meatballs, 2ea Sub, 1/2ea <u>Thursday, August 29, 2024</u> WG Butternilk Pancake, 1ea w/ Chicken Sausage, 1ea	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens,1/2c Ranch Watermelon, 1sl <u>TODS & TWOS</u> Carrot Coins, 1/4c Diced Watermelon, 3/8c VEG: Morningstar Veggie Nuggets, 5ea <u>Friday, August 30, 2024</u> Meatless Baked Ziti, 1/2c **WG Pasta, Marinara, 3 Cheese, Soy, 1/2c
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c Applesauce, 3/8c VEG: Veg Slider on Bun, 1ea w/ Shred Cheese, 1/2oz Monday, August 25, 2024 Teriyaki Diced Chicken, 1/3c Plain WG Brown Rice w(Cauliflower, 1/3c Fresh Baby Carrols, 1/4c	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Banana, 1/2ea <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c VEG: Macaroni & Cheese, 1/2c Morningstar Veggie Nuggets, 3ea <u>Tuesdav, August 27. 2024</u> Lean Beef Hamburger Jun, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c <u>TODS & TWOS</u> Wheat Dinner Roll, 1ea Carrot Coins, 1/4c VEG: Vegetarian Nacho Fiesta, 1/4c <u>Wednesday, August 28, 2024</u> <u>Pizza Day!</u> <u>Cheese Pizza, 1s1</u> Steamed Green Beans, 1/4c	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c <u>TODS & TWOS</u> Applesauce, 3/8c VEG: Italian Veggie Meatballs, 2ea Sub, 1/2ea <u>Thursday, August 29, 2024</u> WG Buttermilk Pancake, 1ea w/ Chicken Sausage, 1ea Syrup	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Watermelon, 1sl <u>TODS & TWOS</u> Carrot Coins, 1/4c Diced Watermelon, 3/8c VEG: Morningstar Veggie Nuggets, 5ea <u>Friday, August 30, 2024</u> Meatless Baked Ziti, 1/2c **WG Pasta, Marinara, 3 Cheese, Soy, 1/2c Peas/Carrots/Green Beans/Corn/Lima Bean,
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c Applesauce, 3/8c VEG: Veg Slider on Bun, 1ea w/ Shred Cheese, 1/2oz Monday. August 26. 2024 Terjyaki Diced Chicken, 1/3c Plain WG Brown Rice w/Cauliflower, 1/3c Fresh Baby Carrots, 1/4c Ranch	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad wMkked Greens, 1/2c Ranch Banana, 1/2ea <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c VEG: Macaroni & Cheese, 1/2c Morningstar Veggie Nuggets, 3ea <u>Tuesday, August 27, 2024</u> Lean Beef Hamburger on Bun, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c <u>TODS & TWOS</u> Wheat Dinner Roll, 1ea Carrot Coins, 1/4c VEG: Vegetarian Nacho Fiesta, 1/4c <u>Wednesday, August 28, 2024</u> <u>Pizza Day!</u> <u>Cheese Pizza, 1s1</u> Steamed Green Beans, 1/4c	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c IDDS & TWOS Applesauce, 3/8c VEG: Italian Veggie Meatballs, 2ea Sub, 1/2ea Thursday, August 29, 2024 WG Buttermilk Pancake, 1ea w/ Chicken Sausage, 1ea Syrup Fresh Baby Carrots, 1/4c	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Watermelon, 1sl <u>TODS & TWOS</u> Carrot Coins, 1/4c Diced Watermelon, 3/8c VEG: Morningstar Veggie Nuggets, 5ea <u>Friday. August 30, 2024</u> Meatless Baked Ziti, 1/2c **WG Pasta, Marinara, 3 Cheese, Soy, 1/2c Peas/Carrots/Green Beans/Corn/Lima Bean, Wheat Dinner Roll, 1ea
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c Applesauce, 3/8c VEG: Veg Slider on Bun, 1ea w/ Shred Cheese, 1/2oz Monday. August 26. 2024 Teriyaki Diced Chicken, 1/3c Plain WG Brown Rice w/Cauliflower, 1/3c Fresh Baby Carrots, 1/4c Ranch	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad wMkked Greens, 1/2c Ranch Banana, 1/2ea <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c VEG: Macaroni & Cheese, 1/2c Morningstar Veggie Nuggets, 3ea <u>Tuesday, August 27, 2024</u> Lean Beef Hamburger on Bun, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c <u>TODS & TWOS</u> Wheat Dinner Roll, 1ea Carrot Coins, 1/4c VEG: Vegetarian Nacho Fiesta, 1/4c <u>Wednesday, August 28, 2024</u> <u>Pizza Day!</u> <u>Cheese Pizza, 1s1</u> Steamed Green Beans, 1/4c	Italian Beef Meatball Sub, 1/2ea **'Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c IDDS & TWOS Applesauce, 3/8c VEG: Italian Veggie Meatballs, 2ea Sub, 1/2ea Thursday. August 29. 2024 WG Buttermilk Pancake, 1ea w/ Chicken Sausage, 1ea Syrup Fresh Baby Carrots, 1/4c Ranch	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Watermelon, 1sl <u>TODS & TWOS</u> Carrot Coins, 1/4c Diced Watermelon, 3/8c VEG: Morningstar Veggie Nuggets, 5ea <u>Fridav, August 30, 2024</u> Meatless Baked Ziti, 1/2c **WG Pasta, Marinara, 3 Cheese, Soy, 1/2c Peas/Carrots/Green Beans/Corn/Lima Bean, Wheat Dinner Roll, 1ea
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c Applesauce, 3/8c VEG: Veg Silder on Bun, 1ea w/ Shred Cheese, 1/2oz Monday. August 26. 2024 Teriyaki Diced Chicken, 1/3c Plain WG Brown Rice w/Cauliflower, 1/3c Fresh Baby Carrots, 1/4c Ranch	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad wMkked Greens, 1/2c Ranch Banana, 1/2ea <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c VEG: Macaroni & Cheese, 1/2c Morningstar Veggie Nuggets, 3ea <u>Tuesday, August 27, 2024</u> Lean Beef Hamburger on Bun, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c <u>TODS & TWOS</u> Wheat Dinner Roll, 1ea Carrot Coins, 1/4c VEG: Vegetarian Nacho Fiesta, 1/4c <u>Wednesday, August 28, 2024</u> <u>Pizza Day!</u> <u>Cheese Pizza, 1s1</u> Steamed Green Beans, 1/4c	Italian Beef Meatball Sub, 1/2ea **'Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c IDDS & TWOS Applesauce, 3/8c VEG: Italian Veggie Meatballs, 2ea Sub, 1/2ea Thursday. August 29. 2024 WG Buttermilk Pancake, 1ea w/ Chicken Sausage, 1ea Syrup Fresh Baby Carrots, 1/4c Ranch	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Watermelon, 1sl <u>TODS & TWOS</u> Carrot Coins, 1/4c Diced Watermelon, 3/8c VEG: Morningstar Veggie Nuggets, 5ea <u>Friday. August 30, 2024</u> Meatless Baked Ziti, 1/2c **WG Pasta, Marinara, 3 Cheese, Soy, 1/2c Peas/Carrots/Green Beans/Corn/Lima Bean, Wheat Dinner Roll, 1ea
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c Applesauce, 3/8c VEG: Veg Slider on Bun, 1ea w/ Shred Cheese, 1/2oz Monday. August 26. 2024 Terjaki Diced Chicken, 1/3c Plain WG Brown Rice w/Cauliflower, 1/3c Fresh Baby Carrots, 1/4c Ranch Mixed Peaches & Pears in Juice, 3/8c	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad wMkked Greens, 1/2c Ranch Banana, 1/2ea <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c VEG: Macaroni & Cheese, 1/2c Morningstar Veggie Nuggets, 3ea <u>Tuesday, August 27, 2024</u> Lean Beef Hamburger on Bun, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c <u>TODS & TWOS</u> Wheat Dinner Roll, 1ea Carrot Coins, 1/4c VEG: Vegetarian Nacho Fiesta, 1/4c <u>Wednesday, August 28, 2024</u> <u>Pizza Day!</u> <u>Cheese Pizza, 1s1</u> Steamed Green Beans, 1/4c	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c Italian Veggie Meatballs, 2ea Sub, 1/2ea UG Buttermilk Pancake, 1ea w/ Chicken Sausage, 1ea Syrup Fresh Baby Carrots, 1/4c Ranch Cantaloupe, 1sl IODS & TWOS	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Watermelon, 1sl <u>TODS & TWOS</u> Carrot Coins, 1/4c Diced Watermelon, 3/8c VEG: Morningstar Veggie Nuggets, 5ea <u>Friday. August 30, 2024</u> Meatless Baked Ziti, 1/2c **WG Pasta, Marinara, 3 Cheese, Soy, 1/2c Peas/Carrots/Green Beans/Corn/Lima Bean, Wheat Dinner Roll, 1ea Pears in Julice, 3/8c
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c Applesauce, 3/8c VEG: Veg Slider on Bun, 1ea w/ Shred Cheese, 1/2oz Monday. August 26. 2024 Teriyaki Diced Chicken, 1/3c Flain WG Brown Rice w/Cauliflower, 1/3c Fresh Baby Carrots, 1/4c Ranch Mixed Peaches & Pears in Juice, 3/8c	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad wMixed Greens, 1/2c Ranch Banana, 1/2ea <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c VEG: Macaroni & Cheese, 1/2c Morningstar Veggie Nuggets, 3ea <u>Tuesday. August 27. 2024</u> Lean Beef Hamburger on Bun, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c <u>TODS & TWOS</u> Wheat Dinner Roll, 1ea Carrot Coins, 1/4c VEG: Vegetarian Nacho Fiesta, 1/4c <u>Wednesday, August 28, 2024</u> <u>Pizza Day!</u> <u>Cheese Pizza, 1s1</u> Steamed Green Beans, 1/4c	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c IDDS & TWOS Applesauce, 3/8c VEG: Italian Veggie Meatballs, 2ea Sub, 1/2ea Thursday, August 29, 2024 WG Buttermilk Pancake, 1ea w/ Chicken Sausage, 1ea Syrup Fresh Baby Carrots, 1/4c Ranch Cantaloupe, 1sl IODS & TWOS Carrot Coins, 1/4c	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens,1/2c Ranch Watermelon, 1sl TODS & TWOS Carrot Coins, 1/4c Diced Watermelon, 3/8c VEG: Morningstar Veggie Nuggets, 5ea Fridav. August 30. 2024 Meatless Baked Ziti, 1/2c **WG Pasta, Marinara, 3 Cheese, Soy, 1/2c Peas/Carrots/Green Beans/Corn/Lima Bean, Wheat Dinner Roll, 1ea Pears in Juice, 3/8c
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c Applesauce, 3/8c VEG: Veg Slider on Bun, 1ea w/ Shred Cheese, 1/2oz Monday. August 26, 2024 Teriyaki Diced Chicken, 1/3c Plain WG Brown Rice w/Cauliflower, 1/3c Fresh Baby Carrots, 1/4c Ranch Mixed Peaches & Pears in Juice, 3/8c	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Banana, 1/2ea <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c VEG: Macaroni & Cheese, 1/2c Morningstar Veggie Nuggets, 3ea <u>Tuesday, August 27, 2024</u> Lean Beef Hamburger on Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c <u>TODS & TWOS</u> Steamed Green Beans, 1/4c Applesauce, 3/8c	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c <u>TODS & TWOS</u> Wheat Dinner Roll, 1ea Carrot Coins, 1/4c VEG: Vegetarian Nacho Fiesta, 1/4c VEG: Vegetarian Nacho Fiesta, 1/4c <u>Wednesday, August 28, 2024</u> <u>Pizza Day!</u> <u>Cheese Pizza, 1sl</u> Steamed Green Beans, 1/4c Banana, 1/2ea	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c IDDS & TWOS Applesauce, 3/8c VEG: Italian Veggie Meatballs, 2ea Sub, 1/2ea Thursday, August 29, 2024 WG Buttermilk Pancake, 1ea w/ Chicken Sausage, 1ea Syrup Fresh Baby Carrots, 1/4c Ranch Carrot Coins, 1/4c DIOES & TWOS Carrot Coins, 1/4c	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens,1/2c Ranch Watermelon, 1sl <u>TODS & TWOS</u> Carrot Coins, 1/4c Diced Watermelon, 3/8c VEG: Morningstar Veggie Nuggets, 5ea <u>Friday. August 30, 2024</u> Meatless Baked Ziti, 1/2c **WG Pasta, Marinara, 3 Cheese, Soy, 1/2c Peas/Carrots/Green Beans/Com/Lima Bean, Wheat Dinner Roll, 1ea Pears in Juice, 3/8c <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c Applesauce, 3/8c VEG: Veg Slider on Bun, 1ea w/ Shred Cheese, 1/2oz Monday. August 26, 2024 Teriyaki Diced Chicken, 1/3c Plain WG Brown Rice w/Cauliflower, 1/3c Fresh Baby Carrots, 1/4c Ranch Mixed Peaches & Pears in Juice, 3/8c IODS & TWOS Carrot Coins, 1/4c	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad wMixed Greens, 1/2c Ranch Banana, 1/2ea <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c VEG: Macaroni & Cheese, 1/2c Morningstar Veggie Nuggets, 3ea <u>Tuesday. August 27. 2024</u> Lean Beef Hamburger on Bun, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c <u>TODS & TWOS</u> Wheat Dinner Roll, 1ea Carrot Coins, 1/4c VEG: Vegetarian Nacho Fiesta, 1/4c <u>Wednesday, August 28, 2024</u> <u>Pizza Day!</u> <u>Cheese Pizza, 1s1</u> Steamed Green Beans, 1/4c	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c IDDS & TWOS Applesauce, 3/8c VEG: Italian Veggie Meatballs, 2ea Sub, 1/2ea Thursday, August 29, 2024 WG Buttermilk Pancake, 1ea w/ Chicken Sausage, 1ea Syrup Fresh Baby Carrots, 1/4c Ranch Cantaloupe, 1sl IODS & TWOS Carrot Coins, 1/4c	Corn Dog Nuggets, Sea Kethup Tossed Salad w/Mixed Greens, 1/2c Ranch Watermelon, 1sl <u>TODS & TWOS</u> Carrot Coins, 1/4c Diced Watermelon, 3/8c VEG: Morningstar Veggie Nuggets, Sea <u>Fridav, August 30, 2024</u> Meatless Baked Ziti, 1/2c **WG Pasta, Marinara, 3 Cheese, Soy, 1/2c Peas/Carrots/Green Beans/Corn/Lima Bean, Wheat Dinner Roll, 1ea Pears in Juice, 3/8c
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c Applesauce, 3/8c VEG: Veg Slider on Bun, 1ea w/ Shred Cheese, 1/2oz Monday. August 26. 2024 Teriyaki Diced Chicken, 1/3c Plain WG Brown Rice w/Cauliflower, 1/3c Fresh Baby Carrots, 1/4c Ranch Mixed Peaches & Pears in Julice, 3/8c <u>TODS & TWOS</u> Carrot Coins, 1/4c VEG: Vegetarian Nacho Fiesta, 1/4c veet CACFP requirements: 6oz. Mikr equired weach meal, Portions 1 1/2 oz mea	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad wMixed Greens, 1/2c Ranch Banana, 1/2ea <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c VEG: Macaroni & Cheese, 1/2c Morningstar Veggie Nuggets, 3ea <u>Tuesday, August 27, 2024</u> Lean Beef Hamburger on Bun, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c <u>TODS & TWOS</u> Steamed Green Beans, 1/4c Applesauce, 3/8c VEG: Veg Sider on Bun, 1ea w/ Shred Cheese, 1/2c on side	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Com Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c TODS & TWOS Wheat Dinner Roll, 1ea Carrot Coins, 1/4c VEG: Vegetarian Nacho Fiesta, 1/4c VeG: Cheese Pizza, 1sl VEG: Cheese Pizza, 1sl table, 3/8 c fruit)	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c IDDS & TWOS Applesauce, 3/8c VEG: Italian Veggie Meatballs, 2ea Sub, 1/2ea Thursday, August 29, 2024 WG Buttermilk Pancake, 1ea w/ Chicken Sausage, 1ea Syrup Fresh Baby Carrots, 1/4c Ranch Carrot Coins, 1/4c DIOES & TWOS Carrot Coins, 1/4c	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens,1/2c Ranch Watermelon, 1sl <u>TODS & TWOS</u> Carrot Coins, 1/4c Diced Watermelon, 3/8c VEG: Morningstar Veggie Nuggets, 5ea <u>Friday. August 30. 2024</u> Meatless Baked Ziti, 1/2c **WG Pasta, Marinara, 3 Cheese, Soy, 1/2c Peas/Carrots/Green Beans/Com/Lima Bean, Wheat Dinner Roll, 1ea Pears in Juice, 3/8c <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c Applesauce, 3/8c VEG: Veg Silder on Bun, 1ea w/ Shred Cheese, 1/2oz Monday. August 26. 2024 Teriyaki Diced Chicken, 1/3c Plain WG Brown Rice w/Cauliflower, 1/3c Fresh Baby Carrots, 1/4c Ranch Mixed Peaches & Pears in Juice, 3/8c <u>TODS & TWOS</u> Carrot Coins, 1/4c VEG: Vegetarian Nacho Fiesta, 1/4c neet CACFP requirements: -6oz Mik required wleach meal, Portions 1 1/2 oz meat - 8oz milk required wleach meal, Portions 2 oz meat/m	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Banana, 1/2ea <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c VEG: Macaroni & Cheese, 1/2c Morningstar Vegie Nuggets, 3ea <u>Tuesdav, August 27, 2024</u> Lean Beef Hamburger on Bun, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c <u>TODS & TWOS</u> Steamed Green Beans, 1/4c Applesauce, 3/8c VEG: Veg Slider on Bun, 1ea w/ Shred Cheese, 1/2c on side	Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c <u>TODS & TWOS</u> Wheat Dinner Roll, 1ea Carrot Coins, 1/4c VEG: Vegetarian Nacho Fiesta, 1/4c VEG: Cheese Pizza, 1sl Steamed Green Beans, 1/2ea VEG: Cheese Pizza, 1sl ttable, 3/8 c fruit) 1/2 c fruit)	Italian Beef Meatball Sub, 1/2ea **Italian Beef Meatballs, 3ea; Sub Roll, 1/2ea** Shredded Mozzarella Cheese, 1/2oz (1Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c IDDS & TWOS Applesauce, 3/8c VEG: Italian Veggie Meatballs, 2ea Sub, 1/2ea Thursday, August 29, 2024 WG Buttermilk Pancake, 1ea w/ Chicken Sausage, 1ea Syrup Fresh Baby Carrots, 1/4c Ranch Carrot Coins, 1/4c DIOES & TWOS Carrot Coins, 1/4c	Corn Dog Nuggets, 5ea Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Watermelon, 1sl <u>IODS & TWOS</u> Carrot Coins, 1/4c Diced Watermelon, 3/8c VEG: Morningstar Veggie Nuggets, 5ea <u>Fridav. August 30, 2024</u> Meatless Baked Ziti, 1/2c **WG Pasta, Marinara, 3 Cheese, Soy, 1/2c Peas/Carrots/Green Beans/Com/Lima Bean, Wheat Dinner Roll, 1ea Pears in Juice, 3/8c <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c VEG: Meatless Baked Ziti, 1/2c