



November 2024 – Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Age-appropriate milk must be served with breakfast</i>				1 Apple oatmeal* ~~~~~ Soft breadsticks* Cheese cubes
4 Rice Chex* Fresh fruit ~~~~~ Graham cracker Diced peaches	5 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Mango yogurt	6 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	7 Kix* Fresh fruit ~~~~~ Cinnamon crackers* Vanilla yogurt	8 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
11 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins String cheese	12 Whole wheat biscuit* Fresh fruit ~~~~~ Vanilla yogurt with Granola	13 Toasted oats* Fresh fruit ~~~~~ Soft pretzel Applesauce	14 Rice Crispies Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	15 Apple oatmeal* ~~~~~ Soft breadsticks* Cheese cubes
18 Rice Chex* Fresh fruit ~~~~~ Graham cracker Diced peaches	19 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Blueberry yogurt	20 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	21 Kix* Fresh fruit ~~~~~ Cinnamon crackers* Vanilla yogurt	22 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
25 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins String cheese	26 Whole wheat biscuit* Fresh fruit ~~~~~ Vanilla yogurt with Granola	27 Toasted oats* Fresh fruit ~~~~~ Soft pretzel Applesauce	28 CLOSED FOR THANKSGIVING	29 CLOSED FOR THANKSGIVING

*Whole grain