



# December 2024 – Breakfast & Snack

| Monday   | Tuesday  | Wednesday   | Thursday   | Friday   |
|--|--|---|--|--|
| <b>2</b><br>Rice Chex*<br>Fresh fruit<br>~~~~~<br>Graham cracker<br>Diced peaches        | <b>3</b><br>Cinnamon toasted oats*<br>Fresh fruit<br>~~~~~<br>Saltines<br>Strawberry/banana yogurt | <b>4</b><br>Bran muffin<br>Fresh fruit<br>~~~~~<br>Diced pears<br>Cereal snack mix  | <b>5</b><br>Kix*<br>Fresh fruit<br>~~~~~<br>Cinnamon crackers*<br>Vanilla yogurt             | <b>6</b><br>Blueberry-peach oatmeal*<br>~~~~~<br>Veggie crackers*<br>Apple slices            |
| <b>9</b><br>Whole wheat flakes*<br>Fresh fruit<br>~~~~~<br>Wheat thins<br>String cheese  | <b>10</b><br>Whole wheat biscuit*<br>Fresh fruit<br>~~~~~<br>Vanilla yogurt with<br>Granola        | <b>11</b><br>Toasted oats*<br>Fresh fruit<br>~~~~~<br>Soft pretzel<br>Applesauce    | <b>12</b><br>Rice Crispies<br>Fresh fruit<br>~~~~~<br>Whole wheat pita pizza with*<br>Cheese | <b>13</b><br>Apple oatmeal*<br>~~~~~<br>Soft breadsticks*<br>Cheese cubes                    |
| <b>16</b><br>Rice Chex*<br>Fresh fruit<br>~~~~~<br>Graham cracker<br>Diced peaches       | <b>17</b><br>Cinnamon toasted oats*<br>Fresh fruit<br>~~~~~<br>Saltines<br>Cherry/vanilla yogurt   | <b>18</b><br>Bran muffin<br>Fresh fruit<br>~~~~~<br>Diced pears<br>Cereal snack mix | <b>19</b><br>Kix*<br>Fresh fruit<br>~~~~~<br>Cinnamon crackers*<br>Vanilla yogurt            | <b>20</b><br>Blueberry-peach oatmeal*<br>~~~~~<br>Veggie crackers*<br>Apple slices           |
| <b>23</b><br>Whole wheat flakes*<br>Fresh fruit<br>~~~~~<br>Wheat thins<br>String cheese | <b>24</b><br>Whole wheat biscuit*<br>Fresh fruit<br>~~~~~<br>Vanilla yogurt with<br>Granola        | <b>25</b><br><br>CLOSED FOR<br>CHRISTMAS DAY  | <b>26</b><br>Toasted oats*<br>Fresh fruit<br>~~~~~<br>Soft pretzel<br>Applesauce             | <b>27</b><br>Rice Crispies<br>Fresh fruit<br>~~~~~<br>Whole wheat pita pizza with*<br>Cheese |
| <b>30</b><br>Rice Chex*<br>Fresh fruit<br>~~~~~<br>Graham cracker<br>Diced peaches       | <b>31</b><br>Cinnamon toasted oats*<br>Fresh fruit<br>~~~~~<br>Saltines<br>Peach yogurt            |   |  | <i>Age-appropriate milk must be served<br/>           with breakfast</i>                     |

\*Whole grain