



February 2025 – Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
3 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins String cheese	4 Whole wheat biscuit* Fresh fruit ~~~~~ Vanilla yogurt with Granola	5 Toasted oats* Fresh fruit ~~~~~ Soft pretzel Applesauce	6 Rice Crispies Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	7 Apple oatmeal* ~~~~~ Soft breadsticks* Cheese cubes
10 Rice Chex* Fresh fruit ~~~~~ Graham cracker Diced peaches	11 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Strawberry/banana yogurt	12 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	13 Kix* Fresh fruit ~~~~~ Cinnamon crackers* Vanilla yogurt	14 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
17 <p style="text-align: center;">CLOSED FOR PRESIDENT'S DAY</p>	18 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins String cheese	19 Whole wheat biscuit* Fresh fruit ~~~~~ Vanilla yogurt with Granola	20 Toasted oats* Fresh fruit ~~~~~ Soft pretzel Applesauce	21 Rice Crispies Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese
24 Rice Chex* Fresh fruit ~~~~~ Graham cracker Diced peaches	25 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Cherry/vanilla yogurt	26 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	27 Kix* Fresh fruit ~~~~~ Cinnamon crackers* Vanilla yogurt	28 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
				<i>Age-appropriate milk must be served with breakfast</i>

*Whole grain